About your child's school meals

Catering, the largest school meals provider in Nottingham City. Your child's school meals are provided by Eat Culture - Nottingham

Healthy eating

options are available daily. school day. Meat and Vegetarian will fill them up for the rest of the meal, cooked from scratch, which are eating a healthy nutritious When your child has a schoo meal, you can rest assured they

and allergens Dietary requirements

(with up to date medical letter). children with dietary requirements Bespoke menus are available for

Did you know?

- We can provide your child than a school meal with a packed lunch rather
- Meals are free for Key Stage 1 children in reception and

Our food

accreditation means that: Our Food for Life Silver serve to Nottingham children We are proud of the food we

- Food is sourced locally
- Meat is Red Tractor assured and produced locally meaning it's traceable, safe
- Fish is certified by the Marine Stewardship Council
- We use quality ingredients from reliable sources
- We offer healthy, nutritious in fat, sugar and salt. balanced meals which are low
- We use Organic potatoes, pasta and eggs on our menus

Our menus

seasonal fruit and vegetables change twice per year to reflect three choices per day. They week cycle and provide up to Our menus operate on a three

Information about our Catering service

website www.eatculture.co.uk/parents Nottingham Catering at eatculture@nottinghamcity.gov.uk or via our Please get in touch with Eat Culture

















Week: 1 Date: 4th Nov. 25th Nov.16th Dec.20th Jan, 10th Feb, 9th March, 30th March

Main

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ = Vegetarian

> For Allergen information please ask a member of the catering team.



Monday

Roast Chicken & Gravy served with Organic Mashed Potatoes. Carrots or Sweetcorn

V Tomato & Basil Pasta served with Freshly Baked Baquette Chunk and Carrots or Sweetcorn

Jacket Potato with Tuna or Cheese and Salad Bar

Freshly Baked Fruity Muffin

Milk

Fresh Fruit Salad

Tuesday

Cheese Snack served with Diced Potatoes. **Baked Beans or Mixed** Salad

Vegaie Burger served with Diced Potatoes, Baked Beans or Mixed Salad

V Jacket Potato with Baked Beans and Mixed Salad

Iced Mandarin Sponge

Fresh Fruit Salad

Wednesday

St Margaret Clitherow

Roast Turkey & Gravy served with Organic Roast Potato. Yorkshire Pudding & Vegetable Medley

V Quorn Roast & Gravy served with Organic Roast Potato. Yorkshire Puddina & Vegetable Medlev

Cheese & Tomato Panini served with Salad Bar

Fruit Crumble & Custard

Or Cheese & Biscuits

Fresh Fruit Salad

Thursday

Beef Burger in a Bun served with Mixed Salad

V Veggie Bolognaise served with Freshly Baked Baquette Chunk and Broccoli or Sweetcorn

Ham Sandwich with Salad Bar

> Cookie Milk

Fresh Fruit Salad

Friday

MSC Battered Salmon Fillet served with Oven Chips and Peas / Mushy Peas



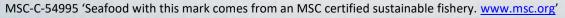
Cheese & Tomato Pizza served with Oven Chips & Peas

Tomato & Basil Pasta served with Freshly Baked Baquette Chunk & Mixed Salad

Chocolate Crunchies with Orange Segments

Fresh Fruit Salad







Week: 2 Date: 11th Nov, 2nd Dec, 6th Jan, 27th Jan, 24th Feb, 16th March,

Main

Dessert

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ = Vegetarian

> For Allergen information please ask a member of the catering team.



Monday

Pork Meatballs in Tomato & Basil Sauce served with Swwetcorn or Carrots

Vegaie Mince Pie & **Gravy Organic** Mashed Potatoes served with Sweetcorn or Carrots

V Jacket Potato with Cheese & Coleslaw with Salad Bar

Chocolate Sponge With Custard

Fresh Fruit Salad

Tuesday

Beef Spaghetti Bolognaise served with Freshly Baked Baguette & Coleslaw or Sweetcorn

V Pasta in Tomato & **Basil Sauce served** with Freshly Baked Baguette & Coleslaw or Sweetcorn

Tuna Rolls served with Salad Bar

Fruit Gateau

Fresh Fruit Salad

Wednesday

Roast Chicken, Stuffing With Gravy served with Organic Roast Potatoes and Vegetable Medlev

V Quorn Roast With Gravy served with Organic Roast Potatoes and Vegetable Medley

Fruit Yoghurt

Thursday

Sausage & Gravv served with Mashed Potatoes, Broccoli or Carrots

Veggie Sausage & Gravy served with Mashed Potatoes. **Broccoli or Carrots**

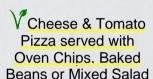
Chicken Mavo Baguette served with Salad Bar

Apple Crumble & Custard

Fresh Fruit Salad

Friday

MSC Fish Fingers served with Oven Chips. Baked Beans or Mixed Salad



V Jacket Potato with Baked Beans & Cheese served with Mixed Salad

Oatmeal Cookie & Milkshake

Fresh Fruit Salad





St Margaret Clitherow

Cheese & Tomato Panini served with Salad Bar

Cheese & Biscuits

Fresh Fruit Salad

MSC-C-54995 'Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org'



Week: 3

Date: 18th Nov, 9th Dec, 13th Jan, 3rd Feb. 2nd March. 23rd March

Main

essert

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.

For Allergen information please ask a member of the catering team.



Monday

All Day Breakfast served with Bread & Butter, Tomatoes and Baked Beans

Vall Day Veggie
Breakfast served with
Bread & Butter.
Tomatoes and Baked
Beans

Jacket Potato with
Beans served with
Salad Bar

Fruit Sponge & Custard

Fresh Fruit Salad

Tuesday

Chicken Pie & Gravy served with Mashed Potato, Sweetcorn or Carrots

Veggie Balls with Pasta in Tomato & Basil Sauce served with Freshly Baked Baguette Chunk and Salad Bar

Tomato & Basil
Pasta served with
Homemade Baguette
Chunk & Salad Bar

Angel Delight served with Fruit Wedges

Fresh Fruit Salad

Wednesday

St Margaret Clitherow

Roast Pork served with Gravy, Stuffing, Organic Boiled/Mashed Potato & Vegetable Medley

Quorn Roast served
with Gravy.
Stuffing, Organic
Boiled/Mashed Potato &
Vegetable Medley

Cheese & Tomato
Panini served with Salad
Bar

Cornflake Tart & Custard

Fresh Fruit Salad

Thursday

Beef Lasagne served with Freshly Baked Baguette Chunk & Sweetcorn or Broccoli

Veggie Lasagne served with Freshly Baked Baguette Chunk & Sweetcorn or Broccoli

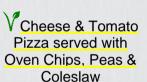
Jacket Potato with Tuna Mayo served with Salad Bar

Chocolate Muffin

Fresh Fruit Salad

Friday

MSC Vinegar Infused Fish Fillet served with Oven Chips, Peas & Coleslaw



Cheese Rolls served with Salad Bar

Jelly & Fruit Wedges

Cheese & Biscuits

Fresh Fruit Salad



